

The POWER of PARTICIPATION

CREATING CONFERENCES THAT DELIVER
LEARNING, CONNECTION,
ENGAGEMENT, AND ACTION

ADRIAN SEGAR

Conferences That Work

Marlboro, VT 05344-0086

www.conferencesthatwork.com

Copyright © 2015 by Adrian Segar

All rights reserved. No part of this book may be reproduced in any form by any electronic or mechanical means including photocopying, recording or by any information storage and retrieval system without written permission from the author, except by a reviewer, who may quote brief passages in a review.

ISBN 978-1-51155-598-2

Library of Congress Control Number: 2015906052

Library of Congress subject headings:

Congresses and conventions—Handbooks, manuals, etc.

Congresses and conventions—Planning

Meetings—Handbooks, manuals, etc.

Cover design by Wade Snyder

Interior design by Jeff Miller

Contents

About the Author	<i>ix</i>
Acknowledgments	<i>x</i>
Foreword	<i>xi</i>
How to use this book	<i>xiii</i>

PART 1 **1** **Eliminate Attendees at Your Meetings!** *1*

CHAPTER 1	
Get on your feet!	<i>3</i>
A dilemma: Hear or do?	<i>5</i>

CHAPTER 2	
Meetings are a mess—and how they got that way	<i>7</i>
How technology shapes our system of education	<i>7</i>
How culture shapes our system of education	<i>10</i>

CHAPTER 3	
Why participation is so important for today's meetings	<i>12</i>
How adults learn	<i>13</i>

CHAPTER 4	
Active learning	<i>15</i>
The best way to learn	<i>15</i>
What is active learning?	<i>16</i>
How we learn	<i>20</i>
The learning environment	<i>37</i>
Learning lessons from physics and programming	<i>41</i>
Next practices, not best practices	<i>42</i>
Why we should use active learning at conferences	<i>43</i>
CHAPTER 5	
Connection	<i>45</i>
How social media (especially Twitter) strengthens my connections in the world of events	<i>46</i>
The advantages of supporting connection during meeting sessions	<i>47</i>
Movement and sharing	<i>47</i>
The classroom as a network	<i>48</i>
Connecting early and often	<i>48</i>

CHAPTER 6
Engagement and community building 50

- What is engagement? 50
- Measuring event engagement via participant ratings 51
- Using outcomes to measure event engagement 52
- Should you attempt to measure engagement? 52
- From engagement to community 53
- What is community? 53
- The value of community 54
- Communities and associations 54
- Building and maintaining community 55
- Communities and meetings 56
- New kinds of meetings 56
- The value of face-to-face meetings in building community 57
- Community building, engagement, and participation 58

CHAPTER 7
Action 59

- What can we do to get more effective action outcomes from our meetings? 60

CHAPTER 8
Wishes 63

PART 2 **Creating an Environment for Participation** 65

CHAPTER 9
Introduction 67

- Creating a participatory event environment 68

CHAPTER 10
Badge design 70

CHAPTER 11
Meals 71

CHAPTER 12
The event space 73

- Venue layout 74
- Physical environment 74
- Sound considerations 76
- Lighting 77
- Room set 77
- You don't always get what you set** 78

CHAPTER 13
Seating 80

- Avoid fixed seating 80
- Use comfortable, lightweight chairs 80
- Provide just the right number of chairs 81
- Seating Matters 82
- Provide explicit seating instructions 84
- Seating arrangements influence individual and group experience 84
- Sit next to someone you don't know 84
- When to use tables 85
- Rounds 85

CHAPTER 14
Information display 87

- Attachment solutions 87
- Please let us post!** 89
- Wall treatment solutions for venues 90
- Pens 90
- Navigational aids 91
- Apps 92
- Native and web apps** 92

CHAPTER 15
Timing 93

- Staying on time 93
- Timekeeping for balanced sharing in groups 93
- Recommended timekeeping methods 94
- How to use FlexTime for group sharing timekeeping** 96

CHAPTER 16**Giving up control** 97**The Myth of Control** 98**CHAPTER 17****Safety** 99

Create an environment in which you can feel

OK about making mistakes 100

The right to not participate 102

Provide clear instructions 102

Consider providing explicit ground rules 102

Conclusion 103

CHAPTER 18**Ground rules** 104

Explicit versus implicit ground rules 104

What ground rules should I use? 106

The Four Freedoms 107

Confidentiality 108

Staying on time 108

Committing to ground rules 109

Treating participants like adults 109

Conclusion 109

CHAPTER 19**Play and fun** 110Be alert for opportunities for spontaneous
play and fun 111

Laughter 111

Supply a physical environment that suggests
and encourages play and fun 111

Games 112

Thoughts about gamification 113**CHAPTER 20****Facilitation** 114

The task of facilitation 115

Facilitation as leadership 115

Process leadership is different from content
leadership 116

Giving directions 116

Bringing people back on track 117

Facilitating effective communication 117

Supporting engagement 118

The gift of listening 118**CHAPTER 21****Small group selection** 119Why you should facilitate small group
selection 119

Goals for small group selection 119

How large should small groups be? 121

General considerations when forming
groups 122

Performing group selection 122

CHAPTER 22**Getting attention** 124

Raising hands 125

Clap once, clap twice 125

Distinctive music 125

CHAPTER 23**Asking questions** 126

Ground rules for questions 126

Crafting questions 127

Additional considerations in using
questions 127

When you are asked questions 128

Meta-questions 128

Be careful with “Why?” questions 128

Be comfortable with silence 129

A (sometimes) magical question 129

More questions? 129

CHAPTER 24**White space techniques** 130

Provide more out-of-sessions time 130

Give attendees explicit permission to miss
sessions 131

Provide longer breaks 131

Eliminate distracting business and
entertainment during meals 132

CHAPTER 25

The conference arc 133

Openings 133

Middles 134

Endings 135

CHAPTER 26

The conference metaphor 136

A wedding 136

A conversation 137

Saying goodbye 138

Powerful metaphors 138

CHAPTER 27

And now for something completely specific 139

PART 3

Compendium of Participation Techniques 141

CHAPTER 28

Participation techniques overview 143

Introduction 143

How to use this compendium of techniques 144

Techniques by goal 146

Techniques by conference phase 148

Techniques by group size 149

Techniques glossary 150

CHAPTER 29

Techniques for encouraging connection outside conference sessions 153

Badge It! 153

Seat Swap 154

CHAPTER 30

Openers 155

What are openers for? 156

Building meaningful connections 156

Opening techniques . . . and more 156

CHAPTER 31

The Three Questions 157

Description 157

When? 158

Resources 158

Why use question cards? 160

How? 160

CHAPTER 32

Roundtable 165

Description 165

When? 167

Resources 167

How? 169

CHAPTER 33

Human spectrograms 174

Description 174

When? 175

Resources 175

How? One-dimensional human spectrograms 176

How? Two-dimensional human spectrograms 181

How? State-change human spectrograms 182

CHAPTER 34

The Solution Room 184

Description 184

When? 185

Resources 185

How? 189

CHAPTER 35

Post It! 197

Description 197

When? 197

Resources 197

How? 198

CHAPTER 36

Middles 200

- Techniques that facilitate productive small group discussions 200
- Techniques that support effective voting 200
- Techniques that create learning opportunities 201

CHAPTER 37

Small group discussions 202

- The benefits and pitfalls of small group discussions 202
- The purpose of small group discussions 203

CHAPTER 38

Pair share 204

- Description 204
- When? 205
- Resources 205
- How? 205

CHAPTER 39

Guided discussions 208

- Description 208
- When? 209
- Resources 209
- How? 211

CHAPTER 40

Open Space 214

- Description 214
- Why I don't like unconferences** 215
- When? 216
- Resources 216
- How? 217

CHAPTER 41

World Café 220

- Description 220
- When? 221
- Resources 221
- How? 225

World Café Lite 229

CHAPTER 42

Fishbowls 230

- Description 230
- When? 231
- Resources 231
- How? 233

CHAPTER 43

Affinity grouping 235

- Description 235
- When? 236
- Resources 236
- How? 236

CHAPTER 44

Participatory voting 241

- Ways to use participatory voting 241
- Low-tech versus high-tech voting solutions 243

CHAPTER 45

Hand/stand voting 245

- Description 245
- When? 245
- Resources 246
- How? 246

CHAPTER 46

Roman Voting 247

- Description 247
- When? 247
- Resources 248
- How? 248

CHAPTER 47

Card voting 249

- Description 249
- When? 250
- Resources 251
- How? 251

CHAPTER 48
Table voting 254
 Description 254
 When? 254
 Resources 255
 How? 255

CHAPTER 49
Dot voting 256
 Description 256
 When? 256
 Resources 257
 How? 259

CHAPTER 50
Anonymous voting 261
 Description 261
 When? 261
 Resources 262
 How? 262

CHAPTER 51
Creating learning opportunities 263

CHAPTER 52
Short form presentations: Pecha Kucha & Ignite 264
 Description 264
 When? 265
 Resources 265
 How? 265

CHAPTER 53
Case studies and simulations 272
 Description 272
 When? 275
 Resources 276
 How? 276
A simulation example: Harvest by Dennis Meadows 279

CHAPTER 54
Endings—consolidating learning and moving to outcomes 281

CHAPTER 55
Pro Action Café 282
 Description 282
 When? 282
 Resources 283
 How? 283

CHAPTER 56
Plus/Delta 285
 Description 285
 When? 287
 Resources 287
 How? 287

CHAPTER 57
Personal introspective 290
 Description 290
 When? 291
 Resources 291
 How? 292

CHAPTER 58
Group spective 297
 Description 297
 When? 298
 Resources 298
 How? 298

APPENDIX 1
Minimum Room Dimensions for Roundtable and Closing Sessions 301

APPENDIX 2
Personal Introspective Question Card 302

Notes 303

About the Author

Adrian Segar is a meeting architect and event facilitator with over thirty years experience, and an energetic champion for participation-rich and participant-led meetings that uncover and satisfy attendee needs for relevant learning, connection, engagement, and community. He is the author of *Conferences That Work: Creating Events That People Love* (2009).

Adrian has been named one of the most innovative people in events by BizBash Magazine, one of MeetingNet's most influential online personalities in meetings and travel, and has been quoted on the front page of the Wall Street Journal. He has presented and facilitated at just about every meetings industry conference, including Meeting Professionals International's World Education Congress; Professional Convention Management Association's Education Conference and Convening Leaders; EIBTM; MPI's Chapter Business Summit; MPI Chapter meetings; HSMAI's MEET, FRESH, GMIC, and NESAE annual conferences; and many association conferences. Adrian writes regularly on event design and related issues on his blog www.conferencesthatwork.com. He is the community manager of the Google Plus #eventprofs community, and tweets frequently @ASegar on all manner of topics.

Adrian was an independent information technology consultant for 23 years, taught college computer science for 10 years, and co-owned and managed a solar domestic hot water heating systems manufacturing company before that. He has an ancient Ph.D. in experimental high-energy particle physics, lives in Marlboro, Vermont, and Boston, Massachusetts, and loves to sing and dance.

Acknowledgments

I thought writing a second book would be easier than the first.

I was wrong.

Luckily, I had a lot of help. Contributions from the following folks made this work possible.

Thank you Celia for your love and support over the last 40 years, especially the four when this book was written. Thank you Jeannie Courtney and Jerry Weinberg for bringing me to a place where I was ready to do this work. Naomi Karten—I owe you special thanks. You emboldened me at a critical point to write about participative events, and you've been a constant source of encouragement over the years.

Many thanks to Mitchell Beer, Jeremy Birch, Chris Corrigan, Bernie DeKoven, Esther Derby, Dahlia El Gazzar, Eric de Groot, Ruud Janssen, Shawna McKinley, Dennis Meadows, Julie Lineberger, Sue Pelletier, Julius Solaris, Thiagi, Heidi Thorne, and Mike van der Vijver for all manner of benefactions that made this book better.

Since *Conferences That Work* was published in 2009, I've presented hundreds of sessions and workshops in North America and Europe, and consulted with innumerable clients on improving their conference designs. I continue to learn from every experience I'm offered. Thank you everyone who asked me to share what I do, who shared back, and who touched my life in the process.

Small portions of this book are derived from my first book *Conferences That Work: Creating Events That People Love*, and some sections were previously published on my blog www.conferencethatwork.com. Sometimes you say it right the first time.

Foreword

“If you had to identify, in one word, the reason why the human race has not achieved, and never will achieve, its full potential, that word would be ‘meetings.’” —*Dave Barry*

My first book, *Conferences That Work: Creating Events That People Love*, covered the why and how of participant-driven events: conferences and professional meetings that become what the participants want and need them to be. For more than 30 years I’ve facilitated, presented at, and experienced hundreds of conferences. I’ve become fascinated by the amazing things that can happen when conference-goers are gently led to step outside the limited traditional conference sessions that we all know so well.

My fascination reflects a wider interest in what happens (and often, sadly, doesn’t happen) when people come together at meetings. Meetings are rapidly evolving from what they have been for hundreds of years—places where the few teach the many—toward places where people connect and engage about what they need and want to learn. In addition, we are discovering (some would say rediscovering) how to build genuine grassroots community at our events, a community that can change participants’ worlds and, ultimately, the world we all inhabit.

During a quarter of a century as an independent information technology consultant, I worked with hundreds of companies. As my consulting experience grew, I realized that just about all of the client-labeled “technical problems” I was hired to solve were fundamentally people problems. I found myself drawn to learning more about the rich complexity of organizational culture and the function and dysfunction it engenders. This experience has informed my work on conference design—not too surprising when you consider that both organizations and meetings are human-created structures for bringing people together, albeit for different purposes.

Once *Conferences That Work: Creating Events That People Love* was published, I thought I had finished writing books. Yet, as word of the book spread and increasing numbers of clients asked me to consult on event design, it became clear that there was a need for a book that concentrated on a finer level of detail: the meeting session itself. Over and over again, clients wanted to know how to improve their sessions—and by extension their events—as measured ultimately by increased attendee satisfaction and retention.

Yes, the *Conferences That Work* meeting format improves conferences immensely by providing structure and support for powerful participant connection and learning. But it does not directly address the design of individual conference sessions: the heart of any conference, whether traditional or participant-driven. Unfortunately, we have all spent far too much time sitting through boring and ineffective sessions listening to uninteresting and poorly presented content.

However, this is not a book about effective public speaking. (For that, I recommend Scott Berkun's book *Confessions of a Public Speaker*.)¹ Rather, this book explains and shows how to improve meeting and session effectiveness by turning passive *attendees* into active *participants*. The techniques I describe can be incorporated by any event organizer, presenter, or session facilitator who wants to maximize the learning, connection, engagement, community building, and consequential action that takes place at her sessions and meetings.

Creating active participants is not hard. But the useful techniques are scattered among a range of practitioners, unfamiliar to most people, and consequently rarely used. This book covers what you need to know in one place.

One final note: This is a mere book; *reading* it is a passive activity, the very antithesis of the book's thesis. If what you read in these pages stays in your head, it will benefit no one. Get on your feet and *do* what you read here when you meet. You and the people you'll meet will reap significant rewards!